

PROFILE

I am seeking to get a job in your respected institution in order to develop myself in this field and achieve my goals in line with the objectives of the institution.

CONTACT

PHONE: 01022767093 DATE OF BIRTH: 14/12/1998 NATIONALITY: Egyptian ADDRESS: Qalyubia EMAIL: mohamedelsherbeny82@amail.com

LANGUAGES

Arabic: the primary language
Good English (reading and writing)

COMPUTER SKILLS

- Excellent in using Microsoft office (word and excel).
- Good in using Microsoft office (power point).

MOHAMED EL SHERBENNY BADER L SHERBENNY

EDUCATION

He holds a Bachelor of Physical Education, Benha University Graduation year: 2021

Department : General Training

WORK EXPERIENCE

- PT Golden GYM Date from (2018)-To (2020)
- Football Coach for skills soccer academy Date from (2019)–To (2021)
- Head coach Bebo fitness Gym Date from(2020)–(NOW)

TRAINING

- <u>NASSM</u>
- Certified personal trainer CPT

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Certified Personal trainer CPT

- <u>CDC</u>
- Functional training CDC

• EREPS

- Fitness instructor [EQF Level3]
 - Flexibility and cardio : Dr/mohamed abdelsattar
 - FUNCTIONAL ASSESSMENTS WORKSHOP X fitness academy
 - Passing the sports injuries course
 - Passing a training course on sports and therapeutic nutrition
 - Design fitness program: Dr/ samy basiony sponsored by @optimum gym& fitness center

SKILLS

- The ability to work under various work pressures.
- Calmness and self-confidence.
- Ability to work as an individual or in a team.
- The ability to face and overcome difficulties at work.
- communication with others and many social activities.
- Leadership
- Communication
- Motivation
- Organization
- Time Management
- PatienceTeamwork
- Empathy
- Adaptability
- Creativity عالی المحالی