

MOHAMED FATHI



PE Teacher

EDUCATION

Bachelor's Degree in Physical Education Aug 2011 - May 2015
Helwan university, cairo

EMPLOYMENT

High school PE teacher Aug 2023 - Present
Manchester International School, Cairo

High school PE teacher Aug 2018 - Jun 2023
Genesis International School, Cairo

Strength and conditioning coach Jan 2018 - Present
Heliopolis Club, Cairo
Swimming team

PE teacher Aug 2017 - Jun 2018
Manor House international school, Cairo

Strength and conditioning coach Aug 2014 - Jul 2015
Military school club, Cairo
Swimming team

Strength and conditioning coach Jul 2012 - Jul 2014
Grand gym, Cairo

COURSES AND CERTIFICATES

Strength and conditioning May 2024

Program design Workshop Mar 2023

Strength and Conditioning ISSA Jan 2021

Managing Your Health: The Role of Physical Therapy and Exercise University of Toronto Apr 2020

Personal Training Program Design ACE IFT Apr 2020

Physical Preparation and Load Planning Olympic Academy May 2017

Sports Injuries and Rehabilitation Helwan University Dec 2013

Physiology of Physical Preparation and Psychological Preparation Helwan University Oct 2012

Physical Fitness and Design training programs Helwan University Dec 2011

PERSONAL DETAILS

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📍 Nasr city, Cairo, Egypt

in MOHAMED-FATHI-9943261A2

🌐 [instagram.com/swim_fit8?igshid=YmMyMTA2M2Y=](https://www.instagram.com/swim_fit8?igshid=YmMyMTA2M2Y=)

SKILLS

Computers

Adaptability

LANGUAGES

Arabic

English

Italy

HOBBIES

- FOOTBALL
- VOLLEYBALL
- BASKETBALL